



Client Intake & Health History Form

Please complete this form prior to your first appointment. Information is kept confidential and used only to provide safe and effective massage therapy.

CLIENT INFORMATION

Name: _____ Date: _____

Date of Birth: _____ Cell Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____

Occupation: _____

Emergency Contact

Name: _____ Relationship: _____ Phone: _____

HEALTH HISTORY

Are you currently under the care of a physician? ☐ Yes ☐ No

Please list any health conditions, medications, recent injuries or surgeries, and areas of pain or discomfort that may affect your massage.

Please check any conditions that apply to you:

- | | | |
|---|--|--|
| ☐ High Blood Pressure | ☐ Chronic Pain | ☐ Joint Replacement |
| ☐ Low Blood Pressure | ☐ Headaches/Migraines | ☐ Neck Pain |
| ☐ Heart Disease | ☐ Sciatica | ☐ Back Pain |
| ☐ Diabetes | ☐ Neuropathy | ☐ Pregnancy |
| ☐ Arthritis | ☐ Blood Clots | ☐ Skin Conditions |
| ☐ Osteoporosis | ☐ Varicose Veins | ☐ Allergies |
| ☐ Cancer | ☐ Recent Surgery | ☐ Anxiety |
| ☐ Fibromyalgia | ☐ Recent Injury | ☐ Depression |
| ☐ Fever/current contagious illness | ☐ Active Infection | ☐ Taking Blood Thinners |

☐ Any sensitivities to oils, lotions, fragrances _____

☐ Other: _____

Pressure Preference: ☐ Light ☐ Medium ☐ Firm

Informed Consent & Client Agreement

Please read each statement carefully and initial each item.

PAYMENT, CANCELLATION & APPOINTMENT POLICY

I understand that my appointment time is reserved for me. I agree to give at least 24 hours' notice if I need to cancel. Cancellations with less than 24 hours' notice or no-shows will be charged the full session fee.

If I arrive late, my session may be shortened, but I will still pay the full session fee.

MASSAGE THERAPY SCOPE, INFORMED CONSENT & ASSUMPTION OF RISK

I understand that massage is for relaxation and relief of muscle tension and is not a medical appointment. I understand that soreness, tenderness, or other temporary discomfort may occur after a massage, and I agree not to hold the massage therapist responsible for these normal effects of massage.

CLIENT RIGHTS, PROFESSIONAL CONDUCT & SESSION SAFETY

I understand that I am receiving voluntary services at a private residence and accept responsibility for my safety, including any falls or injuries that may occur on the driveway, walkways, stairways, entryways, or other areas of the property. I understand that I am responsible for using my own insurance in such an event.

MASSAGE THERAPY RELEASE OF LIABILITY

I understand the nature and purpose of massage therapy and voluntarily choose to receive treatment from Tiffany Dill.

I acknowledge that massage therapy is provided according to accepted professional standards. I release Tiffany Dill from liability for ordinary risks associated with massage therapy services provided within those professional standards.

CLIENT ACKNOWLEDGEMENT

Client's printed name

Client signature

Date